Family Economics and Nutrition Review

Editor

Julia M. Dinkins

Assistant Editor

David M. Herring

Features Editor

Mark Lino

Managing Editor

Jane W. Fleming

Contributor

Joan C. Courtless

Family Economics and Nutrition Review is written and published each quarter by the Center for Nutrition Policy and Promotion, U.S. Department of Agriculture, Washington, DC

The Secretary of Agriculture has determined that publication of this periodical is necessary in the transaction of the public business required by law of the Department.

This publication is not copyrighted. Contents may be reprinted without permission, but credit to Family Economics and Nutrition Review would be appreciated. Use of commercial or trade names does not imply approval or constitute endorsement by USDA. Family Economics and Nutrition Review is indexed in the following databases: AGRICOLA, Ageline, Economic Literature Index, ERIC, Family Studies, PAIS, and Sociological Abstracts.

Family Economics and Nutrition Review is for sale by the Superintendent of Documents. Subscription price is \$19.00 per year (\$23.75 for foreign addresses). Send subscription order and change of address to Superintendent of Documents, P.O. Box 371954, Pittsburgh, PA 15250-7954. (See subscription form on p. 127.)

Original manuscripts are accepted for publication. (See "guidelines for authors" on back inside cover.) Suggestions or comments concerning this publication should be addressed to Julia M. Dinkins, Editor, Family Economics and Nutrition Review, Center for Nutrition Policy and Promotion, USDA, 3101 Park Center Drive, 10th Floor, Alexandria, VA 22302.

The Family Economics and Nutrition Review is now available at http://www.cnpp.usda.gov. (See p. 126.)

Research Articles

- 3 Profiles of Selected Target Audiences: Promoting the Dietary Guidelines for Americans Kay Loughrey, P. Peter Basiotis, Claire Zizza, and Julia M. Dinkins
- 15 U.S. Teens and the Nutrient Contribution and Differences of Their Selected Meal Patterns

Anna Maria Siega-Riz, Claude Cavadini, and Barry M. Popkin

27 Associations Between the Milk Mothers Drink and the Milk Consumed by Their School-Aged Children

Rachel K. Johnson, Celeste V. Panely, and Min Qi Wang

37 The Effects of Food Advertising Policy on Televised Nutrient Content Claims and Health Claims

Carol Byrd-Bredbenner and Darlene Grasso

- 50 The Thrifty Food Plan, 1999: Revisions of the Market Baskets

 Staff at the Center for Nutrition Policy and Promotion—Compiled by Mark Lino
- 65 Sample Menus and Recipes Based on the 1999 Thrifty Food Plan

Staff at the Center for Nutrition Policy and Promotion— Compiled by Myrtle Hogbin and Mark Lino

Research Briefs

77 USDA's Food Guide: Updating the Research Base to Reflect Changes in Food Consumption Patterns

Kristin L. Marcoe

- 81 USDA's Expenditures on Children by Families Project: Uses and Changes Over Time
- 87 Current Knowledge of the Health Effects of Sugar Intake

Anne L. Mardis

92 Insight 11: Food Portions and Servings: How Do They Differ?

Myrtle Hogbin, Anne Shaw, and Rajen S. Anand

95 Insight 14: A Focus on Nutrition for the Elderly: It's Time to Take a Closer Look

Nancy W. Gaston, Anne Mardis, Shirley Gerrior, Nadine Sahyoun, and Rajen S. Anand

98 Insight 19: Beliefs and Attitudes of Americans Toward Their Diet

Julia M. Dinkins

Research Summaries

- 101 Consumer Price Index Research Series Using Current Methods
- 105 Changes in the Health Services Industry
- 108 Extended Measures of Well-Being: Meeting Basic Needs
- 112 Measuring Time at Work

Regular Items

- 115 Research and Evaluation Activities in USDA
- 118 Federal Studies: Review of the Nutritional Status of WIC Participants
- 120 Journal Abstracts
- 122 Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, May 2001
- 123 Official USDA Alaska and Hawaii Thrifty Food Plans: Cost of Food at Home (2nd Half 2000)
- 124 Consumer Prices
- 125 U.S. Poverty Thresholds and Related Statistics